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Issue #38 - December 11, 2009

Dr. Kenneth Mark

By David Lion Rattiner

When it comes to your skin, many of us want the best. We don't mess around with creams that you can get anywhere; we want state of the art research, expert care and of course, results. This is what Dr. Kenneth Mark was thinking when he decided to get into the skin care business.



Dr. Mark was voted "Best Doctor in America" by Best Doctors, Inc., a peer-review process and survey that asks physicians to evaluate the skills and talents of other physicians in their specialty. He is also a Clinical Assistant Professor of the NYU Department of Dermatology, where he did his residency. He voluntarily supervises the Dermatology Surgery clinic and teaches residents at the Manhattan VA Hospital on a weekly basis.

From his Hamptons office, Dr. Mark first formulated skin care products for his patients in 2006, and the results they received were extraordinary. His patients loved the cream and dubbed it a "miracle cream," with all of them giving him positive feedback on what would become, in a very short amount of time, an extremely popular skin care line known as Dr. Kenneth Mark Skin Care.

What makes Dr. Mark's line so special? The answer is Dr. Mark's incredible ability to formulate products using his years of expertise as a dermatologist. He also includes astaxanthin in his products, which is clinically designed to optimize your skin's defenses and is not widely known in the skin care world.

Dr. Mark is a pioneer in using astaxanthin in his skin products and has gained the attention of the Ritz Carlton Club in Aspen. Astaxanthin is 100 to 1000 times as potent as vitamin E and is used as an antioxidant in his skin care line. It is a revolutionary antioxidant that is a relatively unknown compound belonging to the family of carotenoids. Astaxanthin is found in many human foods and is considered the "ultimate" antioxidant. It has up to 1000 times the antioxidant capacity of Vitamin E and 100 times the antioxidant capacity of beta-carotene. Many laboratory studies also indicate astaxanthin is a stronger antioxidant than lutein, lycopene and tocotrienols. With the holiday season coming around, it is worth a look at what the good doctor has to offer. Skin care products that work well make amazing gifts that keep on giving throughout the year.

The line of skin care products that Kenneth Mark Skin Care offers is extensive, and includes an anti-aging mask, an antioxidant and hydrating cream, an antioxidant toning cleanser, a hydrating moisturizer, a lip plumper with lipolic acid and a tighten-and-lighten eye cream. All of these products have been personally formulated by Dr. Mark. Each one is unique, with an array of antioxidants, exfoliants, herbal ingredients, hyaluronic, vitamins and peptides.

In the Dan's Papers office, we can attest to these products. Susan Galardi, our managing editor, raves about the Anti-Oxidant Toning

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